



Swiss Golf PISTE: Explanation of values		
Technical / Tactical Capacities (Coaches Feedback)		
GASP (Grip, Aim, Set-up, Posture)	0	Inability to produce a consistent grip, instructions, inability to aim to desired target, inability to setup or the ball in a functional manner for the desired movement, inability to create desired swing, posture needed or otherwise.
	5	Not consistent enough and needs a lot of reminding as often something is off
	10	Usually good GASP; needs some assistance from time to time
	15	Mostly really good GASP; hardly needs reminding and good habits are being displayed to make them consistent
	20	Consistently really good GASP; is always right where it needs to be, displays excellent habits to make sure these are in place
Swing (Contact, Launch Direction, Ball Flight Control, Repeatability)	0	Swing does not produce any of the 4 parameters consistently
	5	Swing produces only 1 of the 4 parameters consistently
	10	Swing produces 2 of the 4 parameters consistently
	15	Swing produces 3 of the 4 parameters consistently
	20	Swing produces all 4 parameters consistently
Contact - Centredness of Contact Launch Direction - Ability to start the ball on line Ball Flight Control - Can shape the ball on demand lower/increase height of flight Repeatability - Displays high levels of repeatability under pressure	0	
	5	
	10	
	15	
	20	
Power, speed Driver speed of Trackman combine test /Points given in regards to the ratio file with ratios	0	
	5	
	10	Ratios
	15	
	20	
Touch, Feel	0	Displays no relationship to feel or understanding for a shot, no desire to learn
	5	Displays a very basic technique and result, does not experiment to learn
	10	Displays a general awareness of shot type and variety, experiments in training to learn new shots
	15	Displays high level shots, variety, skill and is consistently testing it
	20	Excellent shot selection, variety, skill, touch, imagination and can trust/execute it in tournament conditions
Strategic competence, course management Everything which happens before the round and the ability to execute on course	0	Has no plan how to play the course on any given day
	5	Takes few notes beforehand, hardly uses a yardage book thereafter
	10	Takes notes in the yardage book, often times does not use it properly however. Does not always play to his/her strengths, easy to divert from plan
	15	Creates a plan for the course and displays competence in executing
	20	Creates a clear plan, executes as planned and manages decisions well
Tactical competence, shot/club selection Managing decisions which happens during the round	0	Has no real plan when going for a shot, no use of the yardage books, lets emotions dictate the choice
	5	Takes enough information, but makes poor choices anyway
	10	Takes enough information and for the most part makes sound choices
	15	Makes sound choices even in pressure situations
	20	Very often plays perfectly to his/her abilities. Makes the best decisions based on course and weather conditions
PCDEs		
Commitment	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Goal-setting and self-reinforcement	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Planning and organisation	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Quality of practice	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Effective imagery	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Realistic performance evaluation	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Self-regulation and awareness	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Creating and using support networks	0	
	5	
	10	See PCDE file (10 represents average for a Kaderplayer)
	15	
	20	
Biography		
Environment (parents, school) Baseline 10 points for being in a sport school Another 5-10 points if parents are supportive and engaging	0	No sport school, parents intrusive or can be a negative influence
	5	No sport school, parents sometimes intrusive or can be a negative influence
	10	Sports school, but parents intrusive or can be a negative influence or Great parents: supportive and engaging but no sports school
	15	Sport school, but parents sometimes intrusive or can be a negative influence
	20	Sport school and "great" parents
Practice facilities, infrastructure Comparison between used practice facilities and golf courses	0	Practice only from mats, poor range balls, no short game zone, course not adequate etc.
	5	
	10	Home club has a driving range where you can play from grass and also has a decent short game area. Course is adequate
	15	
	20	Best infrastructure and conditions around, uses different infrastructures the get the best from everything, maybe even has an artificial green at home etc.
Sports background	0	Has not done anything else than golf since the age of 10, early specialisation
	5	Does at least another sport or has done at least another sport infrequently in the past
	10	Has an extensive background in at least one other sport (played in a club)
	15	1 extra sport regularly in a club environment at least till the age of 14
	20	Played at least 2 other sports than golf in a club or on a really regular basis till the age of 14
Resilience, toughness	0	Has an excuse for everything, gives up easily, body language and actions are poor, even aggressive at times
	5	Looks for excuses often, does not seem to fight his/her way back into a round, has a lot of negative self talk
	10	Does not look for excuses, but however is not known to fight through adversity well either
	15	Wants to finish every exercise, comes back after a bad tournament and is willing to improve really hard
	20	Nothing can stop her/him from reaching his/her goals, always keen to improve even when going through hard times